

The Sparkler App is a great resource for parents of younger children to keep track of their children's development. Their podcast, "Little Kids, Big Hearts," helps parents and educators introduce big topics in social and emotional learning. The podcast is hosted by an early childhood educator, and explores what it means to have a big heart. Their episodes are focused on identity, friendship, and standing up for others.

Little Kids, Big Hearts won silver for top kids podcast of the year at the 2024 Signal Awards and was an honoree for best Kids and Family Podcast at the 2024 Webby Awards! Make sure to give them a listen, or check out their website, parenting blog, or Instagram page.