

If you're a data driven person, Parent Data by Emily Oster is the podcast for you!

For the past decade, Emily Oster has been a guide through the challenges of pregnancy and parenthood using data. She translates the latest scientific research into answers to people's questions in their day-to-day lives. ParentData brings Emily together with other experts in areas of pregnancy and parenting to talk about some of the most complicated of these issues, from labor induction to food allergies to parenting through a divorce. Each conversation brings us closer to Emily's mission: to create the most informed generation of parents by providing high-quality data that they can trust, whenever they need it.

If this is your jam, Emily has also written four books and has a subscription service available to subscribe to on her website. She's also on Facebook and Instagram if you're looking for more information.